

Dublin Soccer League – Age Group Rules for Recreation Program

Rev. 8/1/16

← DELIBERATELY HEADING THE BALL PROHIBITED THROUGH U-12 →

| U-6 | | U-7 | | U-8 | | U-9 & U-10 | | U-11/12 | | U-15 MSSA | |
|------------------------|---|--------------------------|---|--------------------------|---|--------------------------|---|--------------------------|---|--------------------------|----|
| Total Players | 3 | Total players | 6 | Total players | 6 | Total players | 7 | Total players | 9 | Total players | 11 |
| Minimum # | 2 | Minimum # | 4 | Minimum # | 4 | Minimum # | 4 | Minimum # | 5 | Minimum # | 7 |
| Referees | 1 | Referees | 1 | Referees | 1 | Referees | 2 | Referees | 2 | Referees | 2 |
| Ball size | 3 | Ball size | 3 | Ball size | 4 | Ball size | 4 | Ball size | 4 | Ball size | 5 |
| 8 min. quarters | | 10 minute quarters | | 10 minute quarters | | 25 minute halves | | 25 minute halves | | 30 minute halves | |
| 2 min. between | | 2 mins. between | | 2 mins. between | | <u>5 minute halftime</u> | | <u>5 minute halftime</u> | | <u>5 minute halftime</u> | |
| <u>5 min. halftime</u> | | <u>5 minute halftime</u> | | <u>5 minute halftime</u> | | 55 mins. total time | | 55 mins. total time | | 65 mins. total time | |
| 41 mins. total time | | 49 mins. total time | | 49 mins. total time | | | | | | | |

Sub at mid-quarter (for about 15 seconds) and at the end of the quarter and at half-time.

No goalkeeper.
 Kick-in, no throw-in.
Only indirect kicks
 No penalty kicks
 No off-side calls
 Explain calls/rules
 No coach on field

Kick-in, no throw-in.
Only indirect kicks
 No penalty kicks
 No off-side calls
 No scores from kick-off
 Explain calls/rules
 Goal kicks taken anywhere in penalty area

No penalty kicks.
 Explain calls/rules
 Sub at usual times
 Enforce off-side
 Goal kicks taken anywhere in penalty area

Explain calls/rules
 Sub at usual times
 Enforce off-side rule
 All USSF rules apply

Explain calls/rules
 Sub at usual times
 All USSF rules apply

ALL AGES SWITCH ENDS AT HALFTIME

Explain calls/rules
 Sub at usual times
 All USSF rules apply
 Mercy rule applies

If a player for the opposing team is at the mid-field flag waiting to be a substitute when the team that is awarded a throw-in has a substitute to enter the game, the substitute for the opposing team may also enter the game. If the team that has been awarded a throw-in does not have a substitute, then neither team may substitute a player.