



Age Group Eligibility Chart for Fall 2023 – Spring 2024

Revised 04/05/2023

Age Group	Birth Date (born between)	Program Format
U4 (coed)	Jan. 1, 2020 – Dec. 31, 2020	Intro to Soccer
U5 (coed)	Jan. 1, 2019 – Dec. 31, 2019	Combined practice & 3 v 3 play – no keeper 15-minute practice, then 4, 5-min. periods Pop-up goals
U6	Jan. 1, 2018 – Dec. 31, 2018	3 v 3 no keeper 8-min. quarters 4 x 6 goals
U7	Jan. 1, 2017 – Dec. 31, 2017	6 v 6 with keeper 10-min. quarters 6 x 12 goals
U8	Jan. 1, 2016 – Dec. 31, 2016	
U9	Jan. 1, 2015 – Dec. 31, 2015	7 v 7 with keeper 25-min. halves 6 ½ x 18 ½ goals
U10	Jan. 1, 2014 – Dec. 31, 2014	
U11	Jan. 1, 2013 – Dec. 31, 2013	
U12	Jan. 1, 2012 – Dec. 31, 2012	9 v 9 with keeper 25-min. halves 6 ½ x 18 ½ goals
U13	Jan. 1, 2011 – Dec. 31, 2011	MSSA 11 v 11 with keeper 30-min. halves 8 x 24 goals
U14	Jan. 1, 2010 – Dec. 31, 2010	
U15	Jan. 1, 2009 – Dec. 31, 2009	
U16	Jan. 1, 2008 – Dec. 31, 2008	HSSA 11 v 11 with keeper 35-min. halves 8 x 24 goals (coed)
U17	Jan. 1, 2007 – Dec. 31, 2007	
U18	Jan. 1, 2006 – Dec. 31, 2006	
U19	Jan. 1, 2005 – Dec. 31, 2005	