

## Dublin Soccer League – Age Group Rules for Recreation Program

Rev. 2/19/24

← DELIBERATELY HEADING THE BALL PROHIBITED THROUGH U-12 →

U-7	U-8	U-9 & U-10	U-11/12	U-15 MSSA	U-19 HSSA
Total Players    6	Total players    6	Total players    7	Total players    9	Total players    11	Total players    11
Minimum #        4	Minimum #        4	Minimum #        4	Minimum #        5	Minimum #        7	Minimum #        7
Referees           1	Referees           1/2	Referees           2	Referees           2	Referees           2	Referees           2
Ball size           3	Ball size           4	Ball size           4	Ball size           4	Ball size           5	Ball size           5
10 min. quarters 2 min. between <u>5 min. half-time</u> 49 mins. total time	10 minute quarters 2 mins. between <u>5 minute half-time</u> 49 mins. total time	25 minute halves <u>5 minute half-time</u> 55 mins. total time	25 minute halves <u>5 minute half-time</u> 55 mins. total time	30 minute halves <u>5 minute half-time</u> 65 mins. total time	35 minute halves <u>5 minute half-time</u> 75 mins. total time
Sub at mid-quarter, end-of-quarter & half.	No penalty kicks. Explain calls/rules Sub at usual times Enforce off-side Enforce off-side Goal kicks taken any- where in penalty area	Explain calls/rules Sub at usual times Enforce off-side rule All USSF rules apply	<b>ALL AGES SWITCH ENDS AT HALF-TIME</b>	Explain calls/rules Sub at usual times and if injured player subbed All USSF rules apply Mercy Rule Applies	Explain calls/rules Sub at usual times All USSF rules apply Mercy rule applies Minimum # of 3 girls on field to have 11
Kick-ins, no throw-ins <u>Only indirect kicks</u> No penalty kicks No off-side calls No scores from kick-off Explain calls/rules Goal kicks taken any- where in penalty area			If a player for the opposing team is at the mid-field flag waiting to be a substitute when the team that is awarded a throw-in has a substitute to enter the game, the substitute for the opposing team may also enter the game. If the team that has been awarded a throw-in does not have a substitute, then neither team may substitute a player.		